

Title	First Name	SurName	Attending	Notes
Mr	Karl	Dempsey	CORK	JIT - On the 28th September 2006, whilst on passage from Kinsale to Baltimore, Karl Dempsey was a passenger on a Rigid Inflatable Boat (RIB). Due to a steering failure the boat turned suddenly to port and all 5 crew were thrown from the boat. All the crew were wearing lifejackets and therefore they were not in immediate difficulty. Karl swam to intercept the circling boat and succeeded in climbing onboard to rescue his three colleagues. Karl was trained by Irish Water Safety as a lifeguard and completed his boat training with the Irish Sailing Association. His efforts required great strength, fitness, courage and water confidence gained from his years of training. If it were not for the bravery of Karl Dempsey lives would most likely have been lost at sea as they had no means of communication with shore whilst in the water.
Mr	David	Donnelly Swift	KILKENNY	JIT - On the 8th September 2008, David Donnelly Swift observed a woman in distress after she had entered the river Nore at John's Bridge, Kilkenny. David used a ringbuoy to bring the woman to the riverbank where the Fire Services assisted the casualty from the water. David did Irish Water Safety's Safety 1 and 2 lifesaving training awards whilst in 6th class at St Canice's school Kilkenny . David also went to secondary school in St. Kierans College and continued his water safety training there under the instruction of Irish Water Safety Volunteer Michael Kellegher.
Garda Garda	Niall Edel	Doody Convey	Garda	JIT - On the 4th April 2008, Garda Niall Doody and Garda Edel Convey were on patrol when they observed a woman in difficulty in the fast flowing and cold waters of the River Fergus, Ennis, Co Clare. Garda Doody entered the water while Garda Convey got a ringbuoy and threw it to Garda Doody who secured the Lifebuoy around the woman. Niall stayed in the water with the woman until emergency services arrived at the scene. Both Niall and the casualty were transferred to Ennis General Hospital where they were treated for Hypothermia and made a full recovery.
Mr	Brian	Doyle	Leitrim	JIT - On 14th June 2001, Mr Brian Doyle was summoned by a local man John McCabe who had observed a car in Tully lake, Co. Leitrim. On arriving at the scene Brian, tended by a local farmer, entered the water with a rope tied around his waist. He waded out to the distressed casualty and rescued him back to the lakeshore. The casualty was transferred to Cavan Hospital

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				where he made a full recovery. Brian had completed IWS lifesaving classes, which had given him the water confidence to effect this rescue.
Ms	Valarie	Lynch	CORK	JIT - In November 2006 Valerie was attending Clonakilty Community College. At this time she was also attending Irish Water Safety's Rescue 3 Lifesaving classes. During a lunch break a student had lodged a sweet in his throat and was unable to breath. The Principle of the school arrived on the scene and called for help. Valerie arrived on the scene and instinctively cleared the obstruction using the Heimlich manoeuvre and the student made a full recovery.
Mr	Eugene	Mohan	<i>LOUTH</i>	JIT - On the 13th August 2007, Eugene noticed a man in difficulty in the deep end of swimming pool at the Algarve holiday club, in which they were holidaying. The man was lying face down at the bottom of the pool. Eugene quickly jumped into the water and dived to the bottom of the pool, located the casualty and brought the man to the side of the pool. Bystanders assisted him recover the unconscious man from the water who was now blue in colour and unconscious. The casualty's wife had also fainted at the scene. Eugene cleared his airway to initiate his breathing and the casualty and his wife made a full recovery.
Sgt	Pat	Murphy	CORK	JIT – On the 23 rd June 2008, Sgt Pat Murphy from Angelsea Street Garda Station was on routine motor cycle Traffic Corps duties when he responded to an emergency call at the Shakey Bridge on the River Lee in Cork. A number of young teenagers were in difficulty in the river. Sgt Pat Murphy bravely entered the water and rescued a teenage girl at the bank where she was transferred to the Regional Hospital by Ambulance. She made a full recovery.
Mr	Paul	O Connell	Clare	JIT - On the 25th July 2008, Paul O' Connell was enjoying some surfing at Lahinch, Co. Clare. He noticed a fellow surfer in difficulty and immediately went to her rescue , battling against the waves and surf to bring her to safety. The 22-year old was very grateful to Paul and commended him for his valiant rescue.
Mr Mr	John Joseph	O Connor Breslin	DONEGAL	JIT - On the 25th of May 2008 at Donegal Bay while on a waterbus trip John O'Connor observed a man fall from the waterbus and into difficulty in the water. John, who had completed his lifesaving training with New Zealand Water Safety immediately entered the water and swam out to the casualty and brought him back to the Waterbus. They were both

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				<p>brought back onboard with the use of ringbuoys.</p> <p>When back on board, Mr Joseph Breslin realised that the victim was unconscious and suffering from Hypothermia.</p> <p>Joseph began First Aid on the victim until he came to and treated him for hypothermia and assisted him in his breathing until paramedics arrived. He was transferred to Letterkenny General Hospital where he made a full recovery.</p>
Ms	Amy	O Donoghue	DUBLIN	<p>JIT - In April of this year the O'Donoghue family were holidaying on the island of Feurteventura, in the Canaries. On the first day after arriving at their villa an incident took place where Lee aged 4 had managed to enter the swimming pool. He got in to difficulty out of his depth and sank to the bottom of the pool. His sister Amy, aged 10 realised he was in distress, entered the pool and rescued her unconscious brother Lee from the bottom of the pool. Their mother arrived on the scene and performed mouth-to-mouth resuscitation on him and he came around.</p> <p>Meanwhile Amy ran to get help. She brought an Irish couple back to the scene and they took Lee and his mother to the local hospital where Lee had water removed from his lungs and spent two days on antibiotics under observation. Lee made a full recovery.</p>
Garda Garda	Paul Jennifer	O'Flynn Grant	Garda	<p>JIT - On 10th September 2006 Garda Paul O'Flynn and student Garda Jennifer Grant received a call to the Quayside, Waterford that a lady had entered the river, which was at full tide. Both Gardai climbed over the railing and entered the water and completed a wading necklace rescue pulling her to safety from the water. She was then transported to Ardkeen Hospital where she was kept under observation prior to discharge.</p>
Mr	Ricardo	Ragazzo	DONEGAL	<p>JIT – At 1930 hours on the 23rd May 2008, Ricardo, who hails from Sardinia, heard his colleague call for help as she had noticed a man fall into the river Eske in Donegal. Ricardo went outside, spotted a large group of people gathering close to the location of the casualty and jumped in to the water from a 12-foot balcony. He swam to the casualty and brought the man to safety.</p>

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Mr Ms	Allen Perly	Tiang Kwan	CARLOW	JIT - At approx. 2pm on 15th February, 2008, Ms. Allen Tiang and Ms. Perly Kwan were walking along the riverbank of the Barrow, when they observed a woman in distress in the water. They immediately came to the woman's assistance by entering the water and completing a wading necklace rescue, pulling her to safety from the water at Lower Tinnahinch, Co. Carlow. She was then transferred to St Luke's Hospital to recover from hypothermia and shock.
Petty Officer	Emmet	Wilmot		JIT - On 31st May 2008, Matthew Sambrooke was walking towards the LE CIARA, which was docked alongside the quay in Cobh harbour. He suddenly lost his footing on the quay and accidentally fell between the ship and the quay wall - a gap of about 17 inches. Petty Officer Emmet Wilmot heard the boys mother call for help and immediately responded with a ringbuoy. When difficulties arose getting Matthew to secure himself with the ringbuoy as a result of the tight space between ship and quay, Emmet used a rope to lower himself into the water and over to Matthew and then kept them both afloat by wedging himself between the ship and quay and holding on tightly to Matthew until further assistance by the ship's crew.