



IRISH WATER SAFETY

Sábháilteacht Uisce na hÉireann

National Pool Lifeguard Award Level

(Level 1 - less than 1.5m) (Level 2 - greater than 1.5m)

WATER SAFETY EXAMINATION RETURN

Head Office

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Course held at _____ Exam Venue _____ Town _____ County _____ Date _____

				Unit 1 BLS	Unit 2 Lifeguard Skills	Unit 3 Pool Operation Skills	Unit 4 WorkSheets	Overall Result
Name (Block Capitals)	Address	M/F	D.O.B	(100)	(100)	(40)	Pass/Fail	Pass/Fail

Examiner: _____
Block Capitals Signature

Provider: _____
Block Capitals Signature

Return completed form to your certificate secretary

Class Secretary:

Name: _____

Address: _____

Phone: _____

email: _____

National Pool Lifeguard Award Level 1 or 2 Examination Return – Unit 1 BLS

Venue_____

No.	Name	Demonstrate Adult CPR on Adult Manikin And use of AED 50	Demonstrate 2 operator CPR on Adult Manikin 10	Demonstrate Child CPR on Infant/Child Manikin 10	Turn unconscious prone victim – Check for breathing - Demonstrate Recovery Position 20	Treat alternative circumstances to include choking and vomiting victim 10	Sub-total Max mark 100	Pass/Fail Pass = 50 or more Fail = 49 or less
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11.								
12.								

Candidates must achieve pass (50%) in each technique.

Examiner's Signature_____

Date_____

National Pool Lifeguard Award Level 1 Examination Return – Unit 2 Lifeguard Skills Venue:_____

No.	Name	Demo. <u>2</u> land based rescues 10	Demo. <u>2</u> non -contact rescues 10	Demo. any <u>3</u> suitable contact rescues or releases from drowning grips 30	Demo. <u>1</u> evasive & 1 defensive technique. 10	Demo. <u>3</u> methods of towing subject and an “assist” 10	Retrieve an item from deepest part of pool & Demo. <u>Shallow water</u> <u>resuscitation</u> 10	Demo. <u>Techniques for</u> <u>spinal injury</u> management in shallow water 20	Sub Total Max. 100	<u>Pass/Fail</u> Pass = 50 or more. Fail = 49 or less
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Candidates must achieve pass (50%) in each technique.

Examiner's Signature _____

Date_____

National Pool Lifeguard Award Level 2 Examination Return – Unit 2 Lifeguard Skills Venue:_____

No.	Name	Demo. <u>2</u> land based rescues 10	Demo. <u>2</u> non -contact rescues 10	Demo <u>3</u> contact rescues & <u>releases</u> from drowning grips 30	Demo. <u>1</u> evasive & 1 <u>defensive</u> technique. 10	Demo. <u>4</u> methods of <u>towing</u> subject 10	Demo. <u>Surface</u> dive min. <u>2</u> meters with <u>deep water</u> <u>resus.</u> 10	Demo. <u>Techniques</u> for spinal <u>injury</u> management 20	Sub Total Max. 100	<u>Pass/Fail</u> Pass = 50 or more. Fail = 49 or less
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Candidates must achieve pass (50%) in each technique.

Examiner's Signature _____

Date _____

National Pool Lifeguard Award Level 1/2 Examination Return – Unit 3 Pool Operation Skills Venue:_____

No.	Name	Assess Situation 10	Take Appropriate Action 10	Communicate Effectively 10	Initiate follow up procedures 10	Sub Total 40	Pass/Fail 20 or more = pass. 19 or less = fail
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12.							

Examiner's Signature_____

Date_____